Summary for grade school: "Bison Medicine" makes the purpose of the United States clear: We are a nation that promises that everyone is loved, creative, and happy. We live our purpose by giving everyone the care, safety, and opportunity to grow into wise, loving, and purposeful adults.

Unfortunately, we are doing a really bad job at our purpose. Because we haven't been able to heal our wounds, discover our life's purpose, and build a life and career that lets us be creative and help people, the only way we can afford to live is to hurt each other and destroy the planet.

To become a true democracy and achieve the purpose of the United States, we have to heal our wounds, discover who we are, love each other, and choose a career that lets us be creative and help people. When we do this, we follow the example of the bison, our National Mammal, and become more caring, courageous, generous, and powerful.

By learning from the bison and Native American cultures we can become wise and loving adults. Only then can we work together to make our schools, companies, churches, and government focused on healing and helping, and repair the harm we have caused each other and people all over the world.

Summary for highschool: The United States of America is more than a country, more than a land, more than a people, more than its original sins of genocide and slavery, and more than an idea or experiment. It is not just a democracy, but the idea of democracy embodied – warts and all.

The singular clarifying principle of our nation is "All Created Equal". We fulfill it by ensuring everyone has the care and resources they need to become fulfilled adults, to realize "Life, Liberty, and the Pursuit of Happiness". We live it by loving each other as much as ourselves "*E Pluribus Unum*".

If our democracy is to survive, we have to make good on this promise. We cannot relate to it passively, nor merely tend to it with our votes, vocations, and deeds. We first have to do the inner work, heal our wounds, live our purpose, and build true community.

Bison Medicine invites you into a future worth fighting for. We begin by rooting ourselves in our shared family history (Part 1), the way our institutions limit freedom and equality (Parts 2 and 3), the enlivening and healing medicine of the bison (Part 4), a high-definition view of our nation's purpose (Parts 5-8), a path forward to activate Bison Medicine in our lives and careers (Part 9 and Conclusion), and to remake our nation (Appendices).

Part 1 Our Family Portrait:

- Democracy is the shared heritage and destiny of humanity.
- If we do not trace the contours of our souls and our shadows, *wetiko* will lead us to confusion and many more will suffer and die.
- To fulfill the promise of democracy, we must recognize, heal, and repair our original sins of genocide and slavery.

Part 2 The Orphanage:

- The lights are on. We now know *wetiko*'s institutional footprint, our network of orphanages.
- The orphanages reward us for hurting ourselves, each other, and our children.
- To flourish, we need a full-scale transformation of every sector of society.

Part 3 It's On Us:

- *Wetiko* is working perfectly, just as designed, and is nearing total victory.
- *Wetiko* cannot and will not self-correct. Help isn't coming from D.C.
- It's on us: to be, feel, know, think, and do things differently.

Part 4 Bison Medicine:

- Bison Medicine came to us in our dark hour with intertribal and bipartisan support.
- The bison is a better symbol of our stated purpose than the bald eagle.
- Bison Medicine guides us into greater courage, care, inclusion, play, independence, protection, generativity, and redemption; deepens our faith; and empowers us to be the type of people who uphold and fulfill the promise of democracy.

Part 5 The Prairie of Possibility:

- At the personal level, democracy requires us to become: (1) integrated and whole, (2) sourced in Nature's God, and (3) on purpose in our lives and careers.
- Melville and Whitman demonstrated what this looks like at both personal and collective levels.
- Freud, Jung, James, and others developed the field of psychology to democratize the path to wholeness.

Part 6 All Created Equal:

- "All created equal" is the singular clarifying principle of our nation.
- "Created" means we have lifelong access to the conditions to become actualized, connected, and fulfilled human beings.
- If we do not choose "all… created equal", then we will find ourselves outside the sacred chapel of "our ancient faith".

Part 7 Life, Liberty, and the Pursuit of Happiness:

- Life is inherently social, inclusive, interdependent, and requires safety, socialization, and sustenance.
- Liberty and happiness require us to initiate a move from our socialized to authentic self by activating our unique life purpose.
- Purpose, connection, service, and nature are the keys to our happiness, fulfillment, and well being.

Part 8 E Pluribus Unum:

- *"E Pluribus Unum"* resonates with, welcomes, and amplifies every spiritual tradition.
- *"E Pluribus Unum"* is democracy's spirit layer, the third leg of the stool, without which our Republic will not stand.
- *"E Pluribus Unum"* requires that we first love ourselves, by healing our wounds, activating our purpose, and becoming whole, and then meeting each other with love, understanding, and devotion.

Part 9 Bison Medicine Protocol:

- Each of us brings something unique to the shared vision of our future.
- We have a two-part protocol to begin this journey: purpose and belonging in true community.
- After we engage with the two-part protocol, we have a team we can collaborate with to expand our impact and support each other as soulful conspirators.

Conclusion:

- This book will have the maximum impact on your life and the nation if discussed over time with three other people.
- The path to fulfilling our national purpose begins with you activating your purpose with others.
- Your purpose will guide you to launch and contribute to projects that simultaneously fulfill you and the purpose of our nation.

For more information, source material, and interviews, please visit http://BisonMedicine.com